

Health Care Support Worker

Douglas College
Faculty of Health Sciences

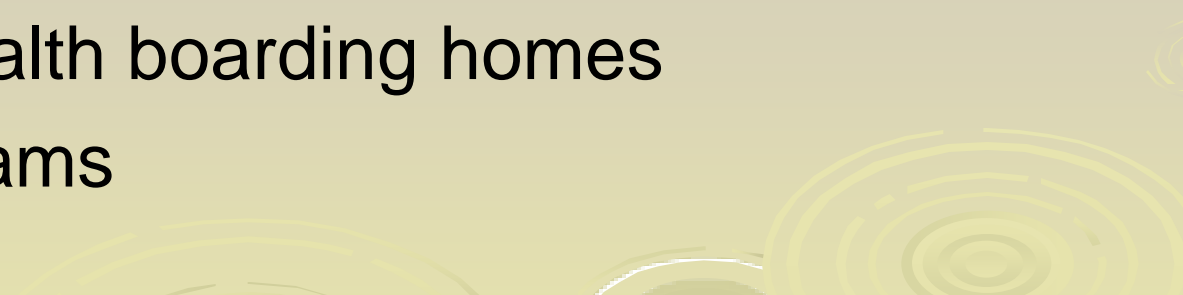
(Information subject to change without notice)

What is the HCSW Program?

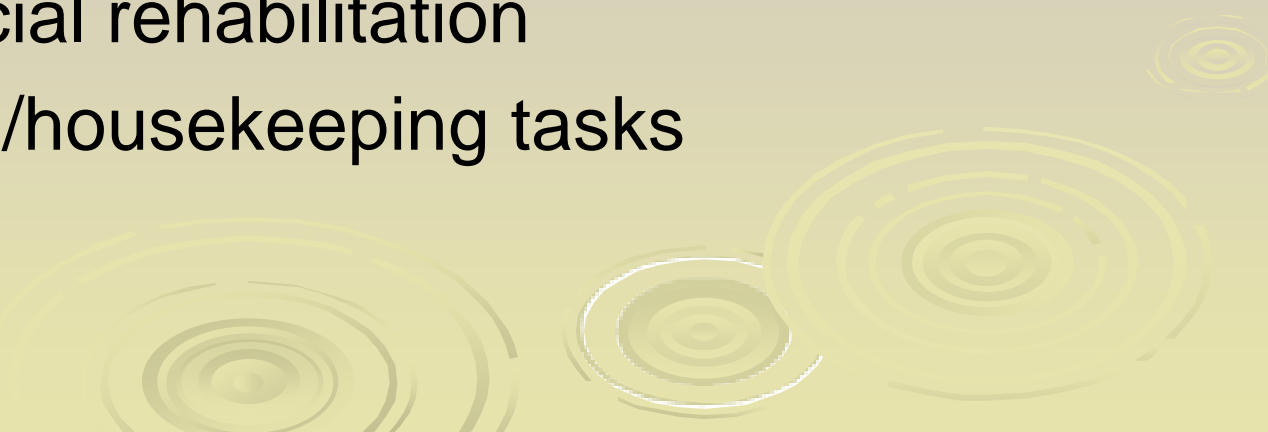
The HCSW Program gives graduates the skills needed to care for people who require assistance to meet their physical and mental health needs.



Where do HCSWs work?

- HCSWs provide care to clients in a variety of settings:
 - long term care facilities
 - assisted living facilities
 - clients' homes
 - supportive housing
 - mental health boarding homes
 - day programs
 - others
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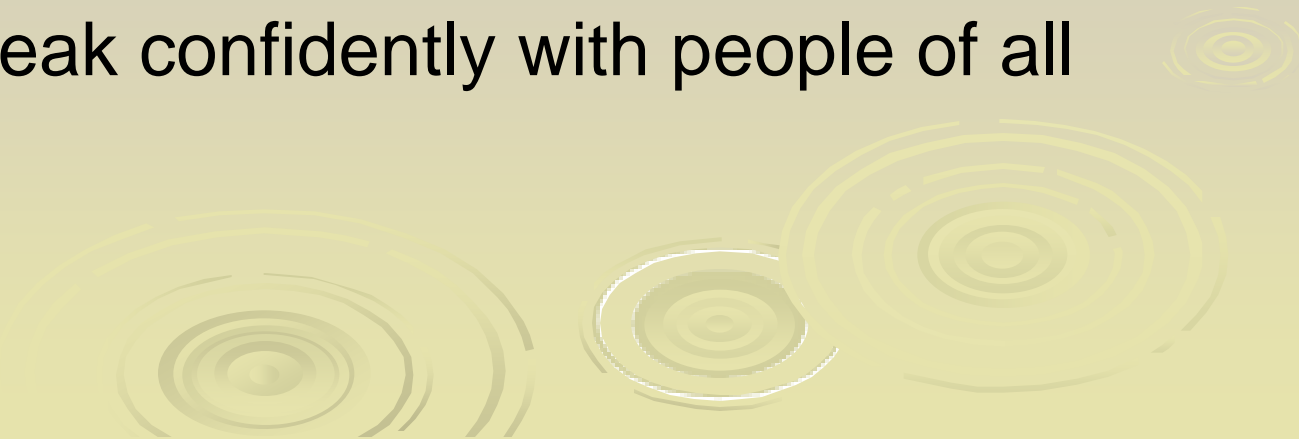
What does a HCSW do?

- HCSWs may assist clients with a variety of needs:
 - personal care/activities of daily living
 - delegated tasks, such as administering medications or helping with rehabilitation exercises
 - psychosocial rehabilitation
 - household/housekeeping tasks
- 

Is this career right for me?

➤ Yes, if you are:

- honest and ethical
- responsible
- flexible
- self-aware
- sensitive to the needs of others
- able to speak confidently with people of all ages



Is this career right for me?

- self-directed
- able to work well with others and in a team
- an effective problem-solver
- able to manage time effectively
- able to perform basic home management and cooking
- a self-directed learner

You will continue to develop these skills throughout the HCSW program.

Is this career right for me?

➤ Yes, if you

- have a desire to work in health care and help people
- are willing to assist all clients
- want a career that is not always glamorous, but is very fulfilling!



What is the salary range?

- The job market for HCSW graduates is very good.
- Wages range from \$14.00 to \$21.00 + per hour

Program Options

You can choose from 3 program options and credentials:

- Community Mental Health Worker (CMHW) citation
 - 1 semester program
 - focus is Psychosocial Rehabilitation (PSR)

Program Options

- Health Care Assistant (HCA) certificate
 - 2 semesters (29 weeks, including exams/evaluation periods)
 - focus is caring for clients with physical care needs and/or dementia

- HCSW certificate
 - 10 months (“3” semesters)
 - combines HCA & CMHW programs

Why should I choose Douglas College?

- HCSW program is unique in the Lower Mainland – only public college
 - employers have specifically asked for graduates who have both physical and mental health care skills
- Reputation of Douglas College graduates
 - unregulated care providers—school reputation very important
 - Douglas College Academic Signatures

Why choose Douglas...


- Commitment of employment before end of the program for many students
- Updated curriculum
 - new HCA program will offer full program hours and learning objectives suggested in the provincial curriculum
 - quality clinical sites
 - both Home Support and Assisted Living experience during practicum

Why choose Douglas...

➤ Learning resources

- facilities of full Health Sciences department, e.g. SIM (skills and communication labs), interdisciplinary learning
- on-line resources and supports

➤ Student Services

- Counseling
 - CSD
 - Learning Centre
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Why choose Douglas...

- Financial Aid – all HCSW program options eligible for student loans
 - scholarships & bursaries
- Supportive classroom environment
- Qualified instructors
- Opportunities to further health care education
 - laddering into LPN program
 - preferential admission points into Nursing and Psychiatric Nursing at Douglas College

Flexible training options...

- Start with any of the program options
- Students with HCA or CMHW can return to complete HCSW



FALL	WINTER	SPRING	SUMMER
<u>Fall Intake</u>			
<u>Semester 1</u> HCSW 1101 HCSW 1102 HCSW 1103 HCSW 1104 HCSW 1105	<u>Semester 2</u> HCSW 1106 HCSW 1107 HCSW 1108 HCSW 1109	<u>Semester 3</u> HCSW 1170 HCSW 1180 HCSW 1190 HCSW 1200	
<u>Spring Intake</u>			
	<u>Bridge In to CMHW</u> HCSW 1165	Students join the Fall intake students for HCSW 1170, 1180, 1190, and 1200	
<u>Winter Intake</u>			
	<u>Semester 1 (Winter)</u> HCSW 1101 HCSW 1102 HCSW 1103 HCSW 1104 HCSW 1105	<u>Semester 2 (Summer)</u> HCSW 1106 HCSW 1107 HCSW 1108 HCSW 1109	

Approximate program dates:

- *HCA Certificate Program* – Semesters 1 & 2
 - Fall Intake:
 - September to end of March

 - Winter Intake:
 - January to end of July

Approximate program dates:

- HCSW Certificate Program – Semesters 1, 2, & 3
 - Fall Intake only:
 - September to late June/early July

- CMHW Citation Program – Semester 3 only
 - Spring Intake only:
 - mid March to late June/early July

Program Schedule

- Full time program at David Lam Campus
- Semester 1
 - classes may be scheduled from 8:00 a.m. to 4:30 p.m.
 - clinical 7:00 a.m. to 1:00 p.m. Wed.; **may be some evenings**

Program Schedule

➤ Semester 2 – first half

- classes may be scheduled from 8:00 a.m. to 4:30 p.m.
- clinical 7:00 a.m. to 2:30 p.m. Tues & Wed;
may be some evenings
- **own vehicle strongly recommended for home support observation day**

Program Schedule

➤ Semester 2 – second half

- practicum 7:00 am - 3:00 pm & 3:00 pm – 11:00 pm
- may be some weekends
- **own vehicle strongly recommended for home support practicum week**

Program Schedule

(proposed)

➤ Semester 3

- weeks 1-8
 - classroom 8:00 am to 4:30 pm
 - 2 weeks also have practicum on Wed/Thurs; hours vary (usually 0700 start)
- weeks 9-12
 - practicum—days/hours vary (days, evenings, weekends)

➤ CMHW Bridge-In

- 3 weeks full time – required for students entering the program at this point

Clinical/Practicum Sites

- Semester 1 & 2 clinical sites are currently in the Tri-Cities and Vancouver/Burnaby areas
- Practicum sites are currently throughout the Vancouver Coastal and Fraser Health regions

We attempt to place students at a site convenient to them, but students must be prepared to go to whichever sites they are assigned in both clinical and practicum courses

Cost of the Program

- Approximate costs, including supplies, books, program requirements, etc.
 - (does not include \$260 health & dental plan, mandatory for students entering in Fall semester)
- HCSW: \$5800 (incl. tuition \$4100)
- HCA: \$4300 (incl. tuition \$3000)
- CMHW: \$2500 (incl. tuition \$1400)

Admission Requirements

(all program options)

- English 11 with a minimum grade of “C”
- Immunization Record
 - must be signed by health care provider or stamped by health unit
 - negative TB test max. 3 months prior to application
 - Hepatitis B immunity or immunizations

Admission Requirements

- Medical Suitability
 - self declared on DC form
 - Doctor's note may be require
- Criminal Record Search
 - not more than 6 months prior to start of program
- Foodsafe Level 1
- Interview with the Program Coordinator may be required

Program Requirements

- For all program options, before clinical starts:
 - Standard First Aid & CPR-C
 - Non-Violent Crisis Intervention (NVCI)
 - WHMIS

For CMHW and Access to HCSW (for applicants with HCA certificate), must complete HCSW 1165 Bridge-In as a pre-requisite to remaining CMHW courses.

Preferential Admission Points (max. 4 points)

➤ Education – max. 2 points

- any post secondary course 2 points
- Douglas College EASL 0460, 0464
English 1124, DVST 0455, or
Eng 12 with a B or higher 1 point

➤ Volunteer hours

- 20 + hrs in a relevant setting within
the past year 2 points

How to Apply

Step 1: Attend an Information Session

Step 2: Apply to the program

- in person at the Registrar's office at Coquitlam or New Westminster
- on line at www.douglascollege.ca

To Apply...

Step 3: Complete the Douglas College Writing Assessment Test

- if you have English 11 with a minimum grade of “C” you can skip this step!
- if you are not exempt, once you have a student number, contact Assessment Services

Exempt students whose first language is not English may wish to consider the Academic Health Care Foundations preparations courses.

To Apply...

Step 4: Complete “Medical Suitability Declaration” and “Immunization Record”

Step 5: Once you have been notified that you are accepted into the program, submit the following to the Registrar’s office

- Criminal Record Search
- Tuition Deposit

You must submit all documents by the deadlines you are given

To Apply...

Step 6: Receive an acceptance letter from the Registrar's Office.

Step 7: Register for courses.

CONGRATULATIONS!!!

- You are now ready to take the first steps towards your career in health care!

Further Questions?

Visit www.douglascollege.ca

OR CONTACT

Faculty of Health Sciences

604-777-6407

kloseckm@douglas.bc.ca

Other Contact Numbers

- Dianne Maxwell, Program Coordinator
 - 604-777-6421 maxwelld@douglas.bc.ca

- Terin Woo, Admissions Officer
 - 604-777-6066 woot@douglas.bc.ca

- Assessment Services 604-527-5501
- Financial Aid 604-777-6189
- Student Services 604-777-6185