

SHUTTLESPORT/DOUGLAS COLLEGE TABLE TENNIS ACADEMY

- **Want to play competitive Table Tennis?**
- **Want to improve your game?**
- **Want to be part of a team?**

Then the Shuttlesport/Douglas College Table Tennis Academy is for you. This Academy is based in New Westminster at Douglas College (700 Royal Avenue).

Where? Academy located @ Douglas College (700 Royal Avenue)

When? Table Tennis program begins January 15, 2011.

The Academy is run under the direction of Shuttlesport Performance Director Arif (Al) Mawani. Expert coaching is provided by CITTI/BCTTA Performance coach David Gatiss and former China provincial team member Carmen Liu.

The Table Tennis program will be offered on Saturdays and Sundays and will cover the following:

- Basic, intermediate & ADVANCED Table Tennis skills
- Game tactics
- Competitive ladder & preparation for competitions
- Fitness & movement skills

Table Tennis 1 & 2 (Age 9 - 18)

(Saturday 10am – 12noon, Sunday 11am – 1pm)

Training Dates:

January:

Saturday: 15, 22

Sunday: 16, 23, 30

February:

Saturday: 5, 12, 19, 26

Sunday: 6, 13, 20, 27

March:

Saturday: 5, 12, 19, 26

Sunday: 6, 13, 20, 27

Fees: HST applicable to those 14 and over

Saturday \$110.00 (\$123.20 inc. HST)

(10 Lessons)

Sunday \$121.00 (\$135.52 inc. HST)

(11 Lessons)

Saturday & Sunday \$206.00 (\$230.72 inc. HST)

(21 Lessons)